

Pinecrest

ONE OF MIAMI'S COMMUNITY NEWSPAPERS

MAR. 26 - APR. 8, 2012

Dr. Crowell takes care of the health and beauty of your skin

BY NANCY EAGLETON

From acne to aging, skin rashes to skin cancer, Miami dermatologist Dr. Judith Crowell practices medical and aesthetic dermatology to effectively treat all skin conditions and help people look and feel their best.

As we live longer and stay healthy longer, the skin may need a little help to look as young as our minds and bodies feel. Dr. Crowell specializes in topical, pharmaceutical, laser and surgical procedures to improve the look of skin at any age. Realizing that there is no one treatment that works for everyone, she and her medical team offer a variety of treatments designed to improve the appearance of aging skin, including chemical peels, exfoliation treatments, Botox, fillers and laser procedures.

Dr. Crowell, named one of Florida's top dermatologists, is one of only a few area dermatologists to offer HydraFacial, the newest advance in non-laser skin resurfacing. HydraFacial is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection in one treatment.

"HydraFacial improves the appearance of fine lines and wrinkles, reduces pores, tightens skin and gradually improves pigmentation," said Dr. Crowell. "It takes 20 minutes, there's no redness or downtime and after the treatment, the skin is glowing and smooth."

One of the most popular game-changers in the anti-aging fight is injectable botulinum toxin, otherwise known as Botox.

"For frown lines on the brow and forehead, nothing beats Botox," said Dr. Crowell. "It's one of the best ways to look younger quickly. I do a lot of Botox and my patients have excellent results."

Dr. Crowell also offers injectable fillers to diminish the telltale signs of aging. Her favorite is Sculptra, which is made from poly-L-lactic acid and is the first injectable wrinkle treatment that helps replace lost collagen. With Sculptra, results appear gradually and are long-lasting. She describes Sculptra's results as a mini-facelift, without the surgery, down-time and expense.

"As you age, you lose fat and bone in your face and you get that halloved look," said Dr. Crowell. "The beauty of Sculptra is that it goes in places that other fillers cannot. It nicely plumps sunken areas of the face and gives you that look you achieve when you slightly pull the skin back at your ears."

Dr. Crowell offers a variety of lasers, which are effective treatments for neck and face wrinkles, dark circles under the eyes, blood vessels, vascular birthmarks, scars, unwanted tattoos and hair. Non-ablative lasers have the advantage of allowing patients to immediately return to daily affairs.

Dr. Crowell said the CO₂ laser remains the gold standard for resurfacing sun-damaged and deeply-wrinkled faces. Patients who choose the CO₂ laser should plan on experiencing some downtime.

"The results of this laser are excellent," she said. "It redefines the face, resurfacing and tightening the skin."

Dr. Crowell's team of aestheticians skillfully performs a variety of facials and skin tightening treatments to keep the face and body's skin looking their best.

"Choosing the best treatment depends on your goals, budget and the amount of downtime that fits your lifestyle," said Dr. Crowell. "We offer a treatment to fit everyone's needs."

Although cosmetic treatments continue to grow in popularity, Dr. Crowell spends much of her day practicing medical der-

matology, treating diverse skin conditions such as acne, psoriasis, eczema, rosacea, warts, moles and skin cancer.

Skin cancer can appear anywhere on the body and is curable if detected and treated in the early stages. If skin cancer is detected, Dr. Crowell has a surgeon onsite who is completing a Mohs surgery fellowship. Together, they ensure patients receive the highest quality care and achieve the best outcomes.

Dr. Crowell and her team are located in Snapper Creek Plaza, 7800 SW 87 Ave. For more information, call 305-274-0221 or go to <www.judithcrowellmd.com>.



Dr. Judith Crowell